

# Colloquia Treverensia

Fachbereich I - Psychologie

## Prof. Dr. Feliciano Villar

University of Barcelona



Professor Feliciano Villar is a developmental psychologist who works at the University of Barcelona. His research interests include two areas. The first one seeks to explore and promote the contribution of older people to their communities and families, using the concept of generativity in later life. He is currently researching what generative expressions are common among older people, and what their impact in terms of personal growth and community development is. A second area of research deals with the provision of a person-centered care in long-term care institutions, exploring how care may promote residents' participation and guarantee their rights. Using the concept of narrative care, he studies what kind of communicative interactions sustain residents' narrative agency

and personhood. He also has conducted research regarding the management of sexuality in long-term care settings. As a result of his activity, he has published more than 100 papers in international academic journals. At present, he is also the coordinator of the Master's degree on Psychogerontology of the University of Barcelona.

### Management of sexual expressions among older people living in nursing homes

Sexuality is an important dimension of human development, a dimension that is still present in later life. However, older people living in long-term care institutions may face challenging barriers for sustaining sexual activities. In this talk, I will analyze what such barriers are and what kind of best practices we may implement in this area. I will present some results of a mix-method research program aimed at exploring how staff and residents approach sexual situations in nursing homes, including different sexual behaviours (e.g. kisses and caresses, masturbation, sexual intercourse) and different actors (e.g. heterosexual older men and women, gay and lesbian older people, older people with dementia). I will discuss the results emphasizing not just their importance in terms of care improvement, but also their sometimes puzzling psychological and ethical implications.

**Mittwoch, 19.06.2024 | 18 Uhr s.t. | D 435**

#### Kontakt

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