

PUBLIKATIONSVERZEICHNIS

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A. BEGUTACHTETE ZEITSCHRIFTENARTIKEL

Deisenhofer, A.K., Rubel, J.A., Bennemann, B., Aderka, I.M., & Lutz, W. (2021). Are some therapists better at facilitating and consolidating sudden gains than others? *Psychotherapy Research*. doi: 10.1080/10503307.2021.1921302

Lutz, W., Deisenhofer, A.-K., Rubel, J., Bennemann, B., Giesemann, J., Poster, K., & Schwartz, B. (2021). Prospective evaluation of clinical decision support system in psychological therapy. *Journal of Consulting and Clinical Psychology*. <https://doi.org/10.1037/ccp0000642>

Lutz, W., Edelbluth, S., Deisenhofer, A.-K., Delgadillo, J., Moggia, D., Prinz, J., & Schwartz, B. (2021). The impact of switching from face-to-face to remote psychological therapy during the COVID-19 pandemic. *Psychotherapy and Psychosomatic*. doi: 10.1159/000515543

Lutz, W., Schwartz, B., Penedo, J. M. G., Boyle, K., Deisenhofer, A.-K. (2020). Working towards the development and implementation of precision mental healthcare – An example. *Administration and Policy in Mental Health and Mental Health Services Research*. doi: 10.1007/s10488-020-01053-y

Deisenhofer, A. K., & Lutz, W. (2020). Was macht Psychotherapeuten erfolgreich? Therapeuteneffekte in der Psychotherapieforschung. *Zeitschrift für Psychotherapie Psychosomatik Medizinische Psychologie*, 70, 533-534. doi: 10.1055/a-1230-0564

Lutz, W., Schöttke, H., & Deisenhofer, A. K. (2020). Plädoyer für eine stärkere Integration der Psychotherapieforschung in die zukünftige Weiterbildung von Psychotherapeuten. *Zeitschrift für Psychotherapie Psychosomatik Medizinische Psychologie*, 70, 367-370. doi: 10.1055/a-1214-7434

Zimmermann, D., Wampold, B. E., Rubel, J. A., Poster, K., Schwartz, B., Schilling, V., Deisenhofer, A.-K., Hehlmann, M. I., Gomez Penedo, J. M., & Lutz, W. (2020). The influence of extra-therapeutic social support on the association between therapeutic bond and treatment outcome. *Psychotherapy Research*.

Lutz, W., Rubel, J., Bennemann, B., Schwartz, B., Giesemann, J., Boyle, K., & Deisenhofer, A. K. (submitted). Empirically-supported personalized psychotherapy: Results of a prospective randomized-controlled trial testing a computer based decision-support system.

Lutz, W., Schwartz, B., Penedo, J. M. G., Boyle, K., & Deisenhofer, A. K. (submitted). Working towards the development and implementation of precision mental healthcare – An example. *Administration and Policy in Mental Health and Mental Health Services Research*.

Deisenhofer, A. K., Boyle, K., & Lutz, W. (2019). Evidenzbasierte-personalisierte Psychotherapie: psychometrisches Feedback in der Praxis. *PiD-Psychotherapie im Dialog*, 20(04), 28-33.

Lutz, W., Rubel, J. A., Schwartz, B., Schilling, V., & Deisenhofer, A. K. (2019). Towards integrating personalized feedback research into clinical practice. Development of the Trier Treatment Navigator (TTN). *Behaviour Research and Therapy*, 120, 103438.

Lutz, W., Clausen, S. A., & Deisenhofer, A. K. (2019). Perspektiven einer evidenzbasierten und personalisierten Psychotherapie: Der Trierer Therapie Navigator (TTN). *Zeitschrift für Klinische Psychologie und Psychotherapie*.

Paulick, J., Rubel, J. A., Deisenhofer, A. K., Schwartz, B., Thielemann, D., Altmann, U., Boyle, K., Strauss, B., & Lutz, W. (2018). Diagnostic features of nonverbal synchrony in psychotherapy: Comparing depression and anxiety. *Cognitive Therapy and Research*. doi: <https://doi.org/10.1007/s10608-018-9914-9>

Deisenhofer, A. K., Delgadillo, J., Rubel, J. A., Böhnke, J. R., Zimmermann, D., Schwartz, B., & Lutz, W. (2018). Individual treatment selection for patients with post-traumatic stress disorder. *Depression and Anxiety*. doi: <https://doi.org/10.1002/da.22755>

Lutz, W., Zimmermann, D., Müller, V. N., Deisenhofer, A. K., & Rubel, J. A. (2017). Randomized controlled trial to evaluate the effects of personalized prediction and adaptation tools on treatment outcome in outpatient psychotherapy: study protocol. *BMC Psychiatry*, 17(1), 306. doi: <https://doi.org/10.1186/s12888-017-1464-2>

Paulick, J., Deisenhofer, A. K., Ramseyer, F., Tschacher, W., Boyle, K., Rubel, J., & Lutz, W., (2017) Nonverbal synchrony: A new approach to better understand psychotherapeutic processes and drop-out. *Journal of Psychotherapy Integration*. doi: <http://dx.doi.org/10.1037/int0000099>

Rubel, J. A., Zimmermann, D., Deisenhofer, A. K., Müller, V., & Lutz, W. (2017). Nutzung von psychometrischem Feedback als empirische Unterstützung des Supervisionsprozesses bei Ausbildungstherapien. *Zeitschrift für Klinische Psychologie und Psychotherapie*, 46(2), 1-14. doi: <https://doi.org/10.1026/1616-3443/a000413>

Schiefele, A. K., Lutz, W., Barkham, M., Rubel, J., Böhnke, J., Delgadillo, J., ... & Lambert, M. J. (2017). Reliability of therapist effects in practice-based psychotherapy research: A guide for the planning of future studies. *Administration and Policy in Mental Health and Mental Health Services Research*, 44(5), 598-613. doi: 10.1007/s10488-016-0736-3

Lutz, W., Schiefele, A.-K., Wucherpfennig, F., Rubel, J., & Stulz, N. (2016) Clinical effectiveness of cognitive behavioral therapy for depression in routine care: A propensity score based comparison between randomized controlled trials and clinical practice. *Journal of affective disorders*, 189, 150-158. doi:10.1016/j.jad.2015.08.072

Atzil-Slonim, D., Bar-Kalifa, E., Rafaeli, E., Lutz, W., Rubel, J., Schiefele, A. K., & Peri, T. (2015). Therapeutic Bond Judgments: Congruence and Incongruence. *Journal of consulting and clinical psychology, 83(4)*, 773-784.

Lutz, W., Rubel, J., Schiefele, A.-K., Zimmermann, D., Böhnke, J.R., & Wittmann, W.W. (2015). Feedback and therapist effects in the context of treatment outcome and treatment length. *Psychotherapy research*. doi: 10.1080/10503307.2015.1053553

B. ABSTRACTS UND WISSENSCHAFTLICHE PRÄSENTATIONEN

Deisenhofer, A.K., Bennemann, B., Aderka, I.M., & Lutz, W. (2021, June). Therapist effect on sudden gains: are some therapists better at creating sudden symptom improvements than others?. Paper presented at the 52. International Annual Meeting of the Society for Psychotherapy Research (SPR), online.

Deisenhofer, A.K., Meyer L., Wasserheß, J., Poster, K., Bennemann, B., Prinz, J., & Lutz, W. (2021, Mai). Vermittlung psychotherapeutischer Fertigkeiten durch die Arbeit mit Simulationspatient*innen – Die Evaluation einer innovativen Lehrmethode im universitären Kontext. Vortrag gehalten beim 38. Symposium der Fachgruppe Klinische Psychologie und Psychotherapie der Fachgruppe Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie (DGPs), online.

Deisenhofer, A.K., Schmitt, M., & Lutz, W. (2019, July). How research on therapist effects can support modern treatments: self-confidence in critical treatment parameters as a therapist factor. Paper presented at the 9th World Congress of Behavioural and Cognitive Therapies, Berlin, GER.

Deisenhofer, A.-K. & Lutz, W. (2018, May). Personalisierte Behandlungszuweisung im Kontext von Ausbildungsforschung [Personalized treatment selection in the context of clinical training]. Paper presented at the 36th Symposium of the Chapter for Clinical Psychology and Psychotherapy of the German Psychological Association (DGPs), Landau, GER.

Deisenhofer, A.-K. (2018, April). Therapist effects in naturalistic settings. Paper presented at the INSPIRE Meeting, Leiden, NL.

Deisenhofer, A.-K., Delgadillo, J., Rubel, R., Böhnke, J., Zimmermann, D., Schwartz, B., & Lutz, W. (2018, March). Personalisierte Behandlungszuweisung für PTBS Patienten [Personalized treatment selection for patients with PTSD]. Paper presented at the 30th Congress for Clinical Psychology, Psychotherapy and Counseling (DGVT), Berlin, GER.

Deisenhofer, A.-K. & Lutz, W. (2018, March). Optimierung der Psychotherapie der Depression: Personalisierung statt Verfahrensinflation [Optimization of psychotherapy for depression.]. Paper presented at the 30th Congress for Clinical Psychology, Psychotherapy and Counseling (DGVT), Berlin, GER.

Zimmermann, D., Müller, V., Rubel, J. A., Deisenhofer, A.-K., & Lutz, W. (2018, March). Nutzung von psychometrischem Feedback in Ausbildung und Supervision [Psychometric

feedback in clinical training and supervision]. Paper presented at the 30th Congress for Clinical Psychology, Psychotherapy and Counseling (DGVT), Berlin, GER.

Schwartz, B., Paulick, J., Rubel, J., Deisenhofer, A.-K., & Lutz, W. (2018, March). Das Social Present von Patient-Therapeut-Dyaden als Prädiktor des frühen und abschließenden Therapieerfolgs [Attunement in patient-therapist dyads as predictor of therapy success]. Paper to be presented at the German Conference for Psychosomatic Medicine and Psychotherapy, Berlin, GER.

Schwartz, B., Paulick, J., Deisenhofer, A.-K., & Lutz, W. (2017, September). Nonverbal synchrony: The change in social present over the course of psychotherapy, and its relation to outcome. Paper presented at the 4th joint UK & European Chapters Conference of the Society for Psychotherapy Research (SPR), Oxford, UK.

Deisenhofer, A.-K., Delgadillo, J., Rubel, R., Böhnke, J., Zimmermann, D., Schwartz, B., & Lutz, W. (2017, September). Individual treatment selection for patients with post-traumatic stress disorders: Implications for clinical training. Paper presented at the 47th Congress of the European Association for Behavioural and Cognitive Therapies (EABCT), Ljubljana, SVN.

Deisenhofer, A.-K. & Wucherpfennig, W., Rubel, J., Hofman, S., & Lutz, W. (2017, September). Processes of Change after a Sudden Gain & Relation to Treatment Outcome - Evidence for an Upward Spiral. Paper presented at the 47th Congress of the European Association for Behavioural and Cognitive Therapies (EABCT), Ljubljana, SVN.

Deisenhofer, A.-K. & Lutz, W. (2017, July). The application of personalized predictions and empirical based clinical support tools. Paper presented at the 15th European Congress of Psychology (ECP), Amsterdam, NLD.

Schwartz, B., Paulick, J., Deisenhofer, A.-K., Tschacher, W., & Lutz, W. (2017, June). Nonverbal synchrony in psychotherapy: The social present of therapeutic dyads and its association with early treatment response. Paper presented at the 48th International Meeting of the Society for Psychotherapy Research (SPR), Toronto, Canada.

Schiefele, A.-K. & Lutz, W. (2016, February). Reliabilität von Therapeuteneffekten in naturalistischen Studien. [Reliability of therapist effects in naturalistic studies] Paper presented at the 29th Congress for Clinical Psychology, Psychotherapy and Counseling (DGVT), Berlin, GER.

Schiefele, A.-K., Rubel, J., & Lutz, W. (2015, June). Sample size recommendations for practice-based studies of therapist effects. Paper presented at the 46th International Meeting of the Society for Psychotherapy Research (SPR), Philadelphia, USA.

Lutz, W., Rubel, J., Schiefele, A.-K., & Zimmermann, D. (2015, June). Differential predictions of early treatment response and intervention strategies: A comparison of prediction models for personalized treatment selection. Paper presented at the 46th

International Meeting of the Society for Psychotherapy Research (SPR), Philadelphia, USA.

Refaeli, E., Lutz, W., Rubel, J., Schiefele, A.-K., & Peri, T. (2015, June). Therapeutic Bond Judgments: Congruence and Incongruence. Paper presented at the 46th International Meeting of the Society for Psychotherapy Research (SPR), Philadelphia, USA.

Schiefele, A.-K., Lutz, W., & Rubel, J. (2015, May). Welchen Einfluss auf die Variation von Therapeuteneffekten im naturalistischen Kontext haben verschiedene Stichprobenparameter? [What influence do sample size parameters have on the variation of therapist effects in the naturalistic context?] Paper presented at the 33rd Symposium of the Chapter for Clinical Psychology and Psychotherapy of the German Psychological Association (DGPs), Dresden, GER.

Lutz, W., Rubel, J., Zimmermann, D., & Schiefele, A.-K. (2015, May). Patientenorientierte Psychotherapieforschung in der Routine - Der Einfluss von frühen Veränderungen (early response) und Therapeuteneffekten auf das Therapieergebnis, die Therapielänge sowie Therapieabbruch bei depressiven Störungen und Angststörungen. [Patient-oriented psychotherapy research in routine care – the influence of early response and therapist effects on treatment outcome, treatment length as well as drop-out for depressive patients and anxiety disorders.] Paper presented at the 33rd Symposium of the Chapter for Clinical Psychology and Psychotherapy of the German Psychological Association (DGPs), Dresden, GER.

Lutz, W., Rubel, J., & Schiefele, A.-K. (2014, September). Patientenorientierte Psychotherapieforschung – Der Einfluss des Therapeuten auf das Therapieergebnis und die Therapielänge. [Patient-oriented psychotherapy research – the influence of a therapist on treatment outcome and length.] Paper presented at the 49th Congress of the German Psychological Association (DGPs), Bochum, GER.

Schiefele, A.-K., Rubel, J. & Lutz, W. (2014, June). The extent of therapist effects in routine care – An investigation of contributing factors on 50thousand cases. Paper presented at the 45th International Meeting of the Society for Psychotherapy Research (SPR), Copenhagen, DEN.

Lutz, W., Rubel, J. & Schiefele, A.-K. (2014, June). Therapist and feedback effects in the context of treatment outcome, treatment length and drop out. Paper presented at the 45th International Meeting of the Society for Psychotherapy Research (SPR), Copenhagen, DEN.

Rubel, J., Lutz, W. & Schiefele, A.-K. (2014, June). Patterns of early change and the role of the therapist variable – Are some therapists faster than others? Paper presented at the 45th International Meeting of the Society for Psychotherapy Research (SPR), Copenhagen, DEN.

Stulz, N., Schiefele, A.-K., Rubel, J. & Lutz, W. (2014, May). Comparing the efficacy and effectiveness of CBT in the treatment of depression. Paper presented at the 21th IFP World Congress "Psychotherapy Contributing to Global Health", Shanghai, CN.

Lutz, W., Rubel, J. & Schiefele, A.-K. (2014, May). Feedback und Therapeuteneffekte in der Psychotherapie: Zum Einfluss des Therapeuten auf das Therapieergebnis, die Therapielänge und Drop-out. [Feedback and therapist effects in psychotherapy: therapist influence on treatment outcome, treatment length and drop out.] Paper presented at the 32nd Symposium of the Chapter for Clinical Psychology and Psychotherapy of the German Psychological Association (DGPs), Braunschweig, GER.

Rubel, J., Schiefele, A.-K. & Lutz, W. (2014, May). Frühe Veränderungsmuster in der Psychotherapie unter Berücksichtigung der Therapeutenvariable: Taking therapists into account! [Early patterns of change in psychotherapy considering the therapist variable: Taking therapists into account!] Paper presented at the 32nd Symposium of the Chapter for Clinical Psychology and Psychotherapy of the German Psychological Association (DGPs), Braunschweig, GER.

Schiefele, A.-K., Rubel, J. & Lutz, W. (2014, May). Therapeuteneffekte: Eine Mehrebenen-Analyse der Varianzkomponenten anhand eines aggregierten Datensatzes mit fast fünfzigtausend PatientInnen. [Therapist effects: multilevel analysis of variance components on the basis of an aggregated dataset of approximately 50 thousand cases.] Paper presented at the 32nd Symposium of the Chapter for Clinical Psychology and Psychotherapy of the German Psychological Association (DGPs), Braunschweig, GER.

Lutz, W., Rubel, J., & Schiefele, A.-K. (2014, March). Welchen Beitrag liefert der Therapeut zu einer gelungenen Therapie? Therapeuteneffekte, Feedback und patientenorientierte Psychotherapieforschung. [What is the contribution of a therapist to successful therapy? Therapist effects, feedback and patient-oriented psychotherapy research.] Paper presented at the German Congress of Psychosomatic Medicine and Psychotherapy (DKPM), Berlin, GER.

Schiefele, A.-K. & Lutz, W. (2014, March). Therapeuteneffekte – eine systematische Untersuchung von Einflussfaktoren. [Therapist effects – systematic investigation of predictor variables.] Paper presented at the 28th DGVT-Congress of Clinical Psychology, Psychotherapy and Counseling (DGVT), Berlin, GER.

Schiefele, A.-K., Rubel, J., Böhnke, J. R., & Lutz, W. (2013, July). What determines the size of therapist effects? Investigating the effects of design and sample issues. Paper presented at the 44th International Meeting of the Society for Psychotherapy Research (SPR), Brisbane, AUS.

Lutz, W., Rubel, J., & Schiefele, A.-K. (2013, July). Therapist effects on treatment outcome and length within a large feedback study. Paper presented at the 44th International Meeting of the Society for Psychotherapy Research (SPR), Brisbane, AUS.

Lutz, W., Rubel, J. & Schiefele, A.-K. (2013, May). Therapeuteneffekte – Einfluss auf das Therapieergebnis und die Behandlungsdauer in der ambulanten Routineversorgung. [Therapist effects – Influence on therapy outcome and treatment length in routine outpatient care.] Paper presented at the 8th Workshop Congress of the Chapter for Clinical Psychology and Psychotherapy of the German Psychological Association (DGPs), Trier, GER.

Böhnke, J.R., Lutz, W., Schiefele, A.-K., & Delgadillo, J. (2013, March). Multidimensional outcome measurement: Models and trends to track therapy progress in IAPT services. Invited presentation at The IAPT Day, hosted by the Mental Health Research Network Methodology Research Group, York, UK.

Lutz, W., Rubel, J., Schiefele, A.K. (2012, June). The graphical display of treatment effects and non-linear change patterns early in treatment. Paper presented at the 43rd International Meeting of the Society for Psychotherapy Research (SPR), Virginia Beach, Virginia, USA.