

## **CURRICULUM VITAE**

M. Sc. Anne-Katharina Schiefele

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Birthday: November 30, 1987

### **EDUCATION AND DEGREES**

- 2011 – 2013                      M. Sc. in Psychology, University Trier, Germany.
- 2008 – 2011                      B. Sc. in Psychology, University Trier, Germany.
- 1998 – 2007                      School Education, Markgröningen, Germany.

### **EMPLOYMENT AND INTERNSHIPS**

*2014 (April) – 2014 (September)*

Clinical year at the Psychiatric department of the Mutterhaus der Borromäerinnen in Trier, Germany.

*Since October 2013*

Ph.D. student, research assistant, and lecturer at the Department of Clinical Psychology and Psychotherapy, Prof. Dr. Lutz, University of Trier, Germany.

*2011 – 2013*

Student assistant at the Department of Clinical Psychology and Psychotherapy, Prof. Dr. Lutz, University of Trier, Germany.

*2013 (March) – 2013 (April)*

Clinical internship at the Psychiatric Department of the Mutterhaus der Borromäerinnen in Trier, Germany.

*2010 (September) – 2010 (October)*

Clinical internship at the Psychiatric Department of the psychiatric and psychosomatic outpatient clinic in Böblingen, Germany.

2010 (March) – 2010 (April)

Clinical internship at the Psychiatric Department of the AHG outpatient clinic in Stuttgart, Germany.

## TEACHING

### Winter 2015/16

- Evaluation und angewandte Diagnostik [Evaluation and applied diagnostic], 2h/week
- Ausgewählte Fragestellungen der Klinischen Psychologie: Störungsbilder [Selected problems concerning clinical psychology: Psychological disorders], 2h/week
- Gesprächsführung für Juristen [Counselling techniques for lawyers], 2h/week

### Summer 2015

- Ausgewählte Fragestellungen der Klinischen Psychologie: Interventionsmethoden [Selected problems concerning clinical psychology: interventions], 2h/week
- Gesprächsführung für Juristen [Counselling techniques for lawyers], 2h/week

### Winter 2014/15

- Evaluation und angewandte Diagnostik [Evaluation and applied diagnostic], 2h/week
- Ausgewählte Fragestellungen der Klinischen Psychologie: Störungsbilder [Selected problems concerning clinical psychology: Psychological disorders], 2h/week
- Gesprächsführung für Juristen [Counselling techniques for lawyers], 2h/week

### Summer 2014

- Gesprächsführung [Counselling techniques], 2h/week

### Winter 2013/14

- Gesprächsführung [Counselling techniques], 2h/week

## WORKSHOPS

Lutz, W. & Schiefele, A.-K. (2016, February). Grundlagen, Ansätze und Modelle moderner Psychotherapieforschung [Basic approaches and models of modern psychotherapy research]. Spring school for PhD students at the 29th Congress for Clinical Psychology, Psychotherapy and Counseling (DGVT), Berlin, GER.

Husen, K., & Schiefele, A.-K. (2015, December). Grundkompetenzen: Gesprächsführung und Trauma [Basic competences: counselling techniques and trauma]. Workshop within the project *Beyond Borders*, University Trier, GER.

Lutz, W. & Schiefele, A.-K. (2014, February). Grundlagen, Ansätze und Modelle moderner Psychotherapieforschung [Basic approaches and models of modern psychotherapy research].

Spring school for PhD students at the 28th Congress for Clinical Psychology, Psychotherapy and Counseling (DGVT), Berlin, GER.

## **PROFESSIONAL AND SCIENTIFIC ACTIVITY**

### **AD HOC REVIEWER**

- Psychotherapy Research
- Journal of Consulting and Clinical Psychology (Assistance of Prof. Wolfgang Lutz)
- Journal of Clinical Psychology (Assistance of Prof. Wolfgang Lutz)
- Clinical Psychology & Psychotherapy (Assistance of Prof. Wolfgang Lutz)
- Psychological Assessment (Assistance of Prof. Wolfgang Lutz)
- Clinical Psychological Science (Assistance of Prof. Wolfgang Lutz)
- Psychopharmacology (Assistance of Prof. Wolfgang Lutz)
- Depression and Anxiety (Assistance of Prof. Wolfgang Lutz)
- Verhaltenstherapie (Assistance of Prof. Wolfgang Lutz)
- Psychotherapie – Psychosomatik – Medizinische Psychologie (PPmP) (Assistance of Prof. Wolfgang Lutz)

### **AWARDS**

- **JULY, 2015: SPR STUDENT TRAVEL AWARD**  
Travel Award of the European Chapter of the “Society of Psychotherapy Research” for the International Annual Meeting in Philadelphia 2015, USA
- **JULY, 2014: SPR STUDENT TRAVEL AWARD**  
Travel Award of the European Chapter of the “Society of Psychotherapy Research” for the International Annual Meeting in Copenhagen 2014, Denmark

### **WORKSHOP ORGANISATION**

- Member of the organizational committee of the workshop *Mplus basics for longitudinal analyses* at the Department of Clinical Psychology and Psychotherapy, Prof. Dr. Lutz, University of Trier, Germany. (March 2011)
- Member of the organizational committee of the workshop *Basic use and programming in the R language* at the Department of Clinical Psychology and Psychotherapy, Prof. Dr. Lutz, University of Trier, Germany. (August 2011)

### **SCHOLARSHIP**

- *2012 (October) – 2013 (October)*: supported by a scholarship from the Federal Republic of Germany (Deutschlandstipendium).

## **PUBLICATIONS**

### **A. JOURNAL ARTICLES**

Lutz, W., Schiefele, A.-K., Wucherpennig, F., Rubel, J., & Stulz, N. (2016) Clinical effectiveness of cognitive behavioral therapy for depression in routine care: A propensity score based comparison between randomized controlled trials and clinical practice. *Journal of Affective Disorders*, 189, 150-158. doi:10.1016/j.jad.2015.08.072

Atzil-Slonim, D., Bar-Kalifa, E., Rafaeli, E., Lutz, W., Rubel, J., Schiefele, A. K., & Peri, T. (2015). Therapeutic Bond Judgments: Congruence and Incongruence. *Journal of consulting and clinical psychology*, 83(4), 773-784.

Lutz, W., Rubel, J., Schiefele, A.-K., Zimmermann, D., Böhnke, J.R., Wittmann, W.W. (2015). Feedback and therapist effects in the context of treatment outcome and treatment length. *Psychotherapy Research*. doi: 10.1080/10503307.2015.1053553

### **B. ABSTRACTS AND SCIENTIFIC PRESENTATIONS**

Schiefele, A.-K., & Lutz, W. (2016, February). Reliabilität von Therapeuteneffekten in naturalistischen Studien. [Reliability of therapist effects in naturalistic studies] Paper to be presented at the 29th Congress for Clinical Psychology, Psychotherapy and Counseling (DGVT), Berlin, GER.

Schiefele, A.-K., Rubel, J., & Lutz, W. (2015, June). Sample size recommendations for practice-based studies of therapist effects. Paper to be presented at the 46th International Meeting of the Society for Psychotherapy Research (SPR), Philadelphia, USA.

Lutz, W., Rubel, J., Schiefele, A.-K., & Zimmermann, D. (2015, June). Differential predictions of early treatment response and intervention strategies: A comparison of prediction models for personalized treatment selection. Paper to be presented at the 46th International Meeting of the Society for Psychotherapy Research (SPR), Philadelphia, USA.

Rafaeli, E., Lutz, W., Rubel, J., Schiefele, A.-K., & Peri, T. (2015, June). Therapeutic Bond Judgments: Congruence and Incongruence. Paper to be presented at the 46th International Meeting of the Society for Psychotherapy Research (SPR), Philadelphia, USA.

Schiefele, A.-K., Lutz, W., & Rubel, J. (2015, May). Welchen Einfluss auf die Variation von Therapeuteneffekten im naturalistischen Kontext haben verschiedene Stichprobenparameter? [What influence do sample size parameters have on the variation of therapist effects in the naturalistic context?] Paper to be presented at the 33rd Symposium of the Chapter for Clinical Psychology and Psychotherapy of the German Psychological Association (DGPs), Dresden, GER.

Lutz, W., Rubel, J., Zimmermann, D., & Schiefele, A.-K. (2015, May). Patientenorientierte Psychotherapieforschung in der Routine - Der Einfluss von frühen Veränderungen (early response) und Therapeuteneffekten auf das Therapieergebnis, die Therapielänge sowie

Therapieabbruch bei depressiven Störungen und Angststörungen. [Patient-oriented psychotherapy research in routine care – the influence of early response and therapist effects on treatment outcome, treatment length as well as drop-out for depressive patients and anxiety disorders.] Paper to be presented at the 33rd Symposium of the Chapter for Clinical Psychology and Psychotherapy of the German Psychological Association (DGPs), Dresden, GER.

Lutz, W., Rubel, J., & Schiefele, A.-K. (2014, September). Patientenorientierte Psychotherapieforschung – Der Einfluss des Therapeuten auf das Therapieergebnis und die Therapielänge. [Patient-oriented psychotherapy research – the influence of a therapist on treatment outcome and length.] Paper to be presented at the 49th Congress of the German Psychological Association (DGPs), Bochum, GER.

Schiefele, A.-K., Rubel, J. & Lutz, W. (2014, June). The extent of therapist effects in routine care – An investigation of contributing factors on 50 thousand cases. Paper to be presented at the 45th International Meeting of the Society for Psychotherapy Research (SPR), Copenhagen, DEN.

Lutz, W., Rubel, J. & Schiefele, A.-K. (2014, June). Therapist and feedback effects in the context of treatment outcome, treatment length and drop out. Paper to be presented at the 45th International Meeting of the Society for Psychotherapy Research (SPR), Copenhagen, DEN.

Rubel, J., Lutz, W. & Schiefele, A.-K. (2014, June). Patterns of early change and the role of the therapist variable – Are some therapists faster than others? Paper to be presented at the 45th International Meeting of the Society for Psychotherapy Research (SPR), Copenhagen, DEN.

Stulz, N., Schiefele, A.-K., Rubel, J. & Lutz, W. (2014, May). Comparing the efficacy and effectiveness of CBT in the treatment of depression. Paper to be presented at the 21th IFP World Congress “Psychotherapy Contributing to Global Health”, Shanghai, CN.

Lutz, W., Rubel, J. & Schiefele, A.-K. (2014, May). Feedback und Therapeuteneffekte in der Psychotherapie: Zum Einfluss des Therapeuten auf das Therapieergebnis, die Therapielänge und Drop-out. [Feedback and therapist effects in psychotherapy: therapist influence on treatment outcome, treatment length and drop out.] Paper to be presented at the 32nd Symposium of the Chapter for Clinical Psychology and Psychotherapy of the German Psychological Association (DGPs), Braunschweig, GER.

Rubel, J., Schiefele, A.-K. & Lutz, W. (2014, May). Frühe Veränderungsmuster in der Psychotherapie unter Berücksichtigung der Therapeutenvariable: Taking therapists into account! [Early patterns of change in psychotherapy considering the therapist variable: Taking therapists into account!] Paper to be presented at the 32nd Symposium of the Chapter for Clinical Psychology and Psychotherapy of the German Psychological Association (DGPs), Braunschweig, GER.

Schiefele, A.-K., Rubel, J. & Lutz, W. (2014, May). Therapeuteneffekte: Eine Mehrebenen-Analyse der Varianzkomponenten anhand eines aggregierten Datensatzes mit fast

fünfzigtausend PatientInnen. [Therapist effects: multilevel analysis of variance components on the basis of an aggregated dataset of approximately 50 thousand cases.] Paper to be presented at the 32nd Symposium of the Chapter for Clinical Psychology and Psychotherapy of the German Psychological Association (DGPs), Braunschweig, GER.

Lutz, W., Rubel, J., & Schiefele, A.-K. (2014, March). Welchen Beitrag liefert der Therapeut zu einer gelungenen Therapie? Therapeuteneffekte, Feedback und patientenorientierte Psychotherapieforschung. [What is the contribution of a therapist to successful therapy? Therapist effects, feedback and patient-oriented psychotherapy research.] Paper to be presented at the German Congress of Psychosomatic Medicine and Psychotherapy (DKPM), Berlin, GER.

Schiefele, A.-K. & Lutz, W. (2014, March). Therapeuteneffekte – eine systematische Untersuchung von Einflussfaktoren. [Therapist effects – systematic investigation of predictor variables.] Paper to be presented at the 28th DGVT-Congress of Clinical Psychology, Psychotherapy and Counseling (DGVT), Berlin, GER.

Schiefele, A.-K., Rubel, J., Böhnke, J. R., & Lutz, W. (2013, July). What determines the size of therapist effects? Investigating the effects of design and sample issues. Paper presented at the 44th International Meeting of the Society for Psychotherapy Research (SPR), Brisbane, AUS.

Lutz, W., Rubel, J., & Schiefele, A.-K. (2013, July). Therapist effects on treatment outcome and length within a large feedback study. Paper presented at the 44th International Meeting of the Society for Psychotherapy Research (SPR), Brisbane, AUS.

Lutz, W., Rubel, J. & Schiefele, A.-K. (2013, May). Therapeuteneffekte – Einfluss auf das Therapieergebnis und die Behandlungsdauer in der ambulanten Routineversorgung. [Therapist effects – Influence on therapy outcome and treatment length in routine outpatient care.] Paper presented at the 8th Workshop Congress of the Chapter for Clinical Psychology and Psychotherapy of the German Psychological Association (DGPs), Trier, GER.

Böhnke, J.R., Lutz, W., Schiefele, A.-K., & Delgado, J. (2013, March). Multidimensional outcome measurement: Models and trends to track therapy progress in IAPT services. Invited presentation at The IAPT Day, hosted by the Mental Health Research Network Methodology Research Group, York, UK.

Lutz, W., Rubel, J., Schiefele, A.K. (2012, June). The graphical display of treatment effects and non-linear change patterns early in treatment. Paper presented at the 43rd International Meeting of the Society for Psychotherapy Research (SPR), Virginia Beach, Virginia, USA.