

LIT 301 ROMANTIC POETRY

[Dr. phil. Britta Colligs](#)

CREATIVE PROJECT

ELENI STAMATIOU

POEM 2

***Helpers* by ELENI STAMATIOU (2024)**

In the Cave if the Aeons
my Soul is aghast
But I welcome and I allow Them
to tell Me all about the Past

So They come in the Cave
and They walk up Around Me
I Am placed in the Center
so They All can Surround Me

I can hear Them well
and I can hear Them Clearly
So their Souls can approach Me
and advise Me Dearly

“We’re the Voices of Women
who belong in the Past
We’re your Mothers, your Daughters
We’re your Souls other Paths

We’re your Allies, your Friends

and your Guides We Are too
We are eager to Teach You
your very Soul's own Truth

We're the Mothers, the Daughters
We're the Greatest of Time
We're the Friends and the Lovers
the Ones Fine like best Wine

We Are Here indeed Always
not only in Your Life's Prime
We are approaching to Guide You
in your own Soul's best Line

We Are your Friends and your Angels who walk by You
But aloof
We are here as Helpers to show You
Your Truth
When You hear Us and Allow Us then things happen
By Proof

We are Women, We are Warriors
and We come from Afar
So we Guide You and your Prayers
to the Heavens above

We envelop, embrace You
with our Infinite Love
And We're Here to protect You

like an Invisible glove

We're Always by your Side

You are never alone

You just DO have to call Us

your affairs are our own."

And the Women, the Murmurs

the Voices from the Times

Went silent and patient

so I could glance at the Skies

Then They invited Me to tell

You again -yet, again

That They're Here just to Help You

Like They've helped All the Men

Like They've helped All the Women

Who have Prayed up Above

They are Helpers Forever -you see

And at all times with Love

To Fix things, to Improve Life

To Share their own Wisdom

Like Good Friends who Teach

by their Life's own Vision

They envelop and surround Us

But only If We Want so

They will never intervene
except if They are truly told to do so

They are Carriers of Wisdom
And Love through the Ages
Such Knowledge could fill up
Oh! Infinite pages!

And All that is Here for Us,
For Our best use
To advance and to Help Us
But never abuse

To Heal, to Instruct Us
To Improve and Align
Our Life's own Glory
So as to make it Divine

They asked Me to tell You
To Call when in need
They'll take care of things
Rest assured at light's speed

They Want and Desire
to offer Support
They're Always Present
Believe it or not

The Gods, the Divine

are Here for You

To Please, to Inspire You,

to Builds things Anew

They're calling You

Speaking to You in the Seas

They're surrounding You

Singing to You in the Breeze

They're there for You, approaching You

at once with a Cry

In Nature, the blue Skies

beside You -want to Try?

Signal Them, Message Them

Ask Them for Help

Speak and explain what you Need

and by when

They're here to Deliver

to Help and to Aid

To offer Solutions

never just a band aid

They can Alter your life's Path

They will resolve all your fears

They can offer You Answers

You've been Searching for years

They embrace your hardship
And transmute it to Love
As only Wonders and Beauty
You're Deserving to have

Your Future is Brilliant,
So Bright, Oh! So Beau!
So long as You Know Thyself
That's what They –
and what Socrates Saw

All of this Earth is for You
To Acquire
You can have All of which
You ever get to Desire

And the Helpers are Here
To Help You truly Achieve
Whatever You are Dreaming
If you Choose to Believe

So They told Me to tell You
To Call on Them Once
And you'll form a Relationship
You will feel their Presence

They will Always be Present
Sharing Help and Support
They'll give You your Own World -rather,

Your Own Kingdom court

They are ready to Go now,
The Muses, the Voices
But They Always remain Near
To Bless You in Your Choices

And to make All things Sure
And Secure for You, truly
And to Help and Assist You
Indeed, promptly and duely

They Thank You for your Time,
Your Attention and your Interest
And They invite You to call Them
In any moment of distress

They are surely Omnipresent
Feeling Proud of Who You Are
Witnessing your Progress
They say you Are a real Star!

“Many Greetings to Everyone
We shall See You again
In Nature, in your garden
In your Thoughts, in your Pen

In your Friendships, in a Touch,
In a moment of Truth

In your Soul's sacred space

In the Old, in the Youth

Do take care of Yourselfs

Now 'n in All that You do

Rest assured that We're showing You

All You'd wish't that You'd Knew."

Eleni Stamatiou, 2024

KEY THEMES

- INTUITION
- THE SUPERNATURAL
- NATURE
- CONNECTION TO THE INNER WORLD & THE SUBCONSCIOUS

