



WORKSHOP: We show you the way!

At 16th and 23th October 2021

Study – Work – Social

Those are the challenges that are expected to be met by every student.

But how can you be a straight-A student, have a well-balanced bank account and still enjoy time with your friends – without having that constant bad conscience in the back of your mind? And what does the feared and at the same time respected German Professor expect of you?

Is it possible to learn efficiently and sustainably, and while doing that, not losing motivation or friends or a well-balanced bank account?

Yes – if you know how.

In this workshop we will explore the psychological approach towards learning and motivation. We will work with real problems so you don't feel left alone with a great load of theories after the workshop is over, but have applicable techniques for the real world.

Questions we will answer can be:

- How do I structure myself?
- How does time work for me?
- How can I learn more efficiently?
- How does knowledge-transfer work?
- How can I keep up with motivation?
- How do I keep continuous mental strength?
- Stress – is it a friend or foe?
- What does it mean to study in a different culture?

During the seminar we will take time to approach individual questions and concerns.

Trainer: Mr. Uli Wagner

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Erfolg durch Effizienz