

## WOLFGANG LUTZ

### ADDRESS & CONTACT DETAILS

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### QUALIFICATIONS

- 2002 Habilitation, Department of Psychology, University of Berne, Switzerland
- 1997 Dr. phil., Department of Psychology, University of Heidelberg, Germany
- 1993 Dipl.-Psych, Department of Psychology, University of Heidelberg, Germany

### CURRENT PROFESSIONAL ROLE

Full Professor of Clinical Psychology and Psychotherapy, Director of the Outpatient Clinic and Postgraduate Clinical Training Program, University of Trier, Germany

### BIO

Wolfgang Lutz, Ph.D. completed his doctorate in Psychology at the University of Heidelberg, Germany (1997), post-doctorates at Northwestern University, USA and the University of Berne (1999), and a research professorship at the University of Berne, Switzerland (2004). He is full professor (since 2007) and chair of the Division of Clinical Psychology and Psychotherapy at the University of Trier, Germany as well as director of the clinical training program and outpatient research clinic at the University of Trier. He has authored more than 400 publications (peer-reviewed papers, chapters, and books) including work on demonstrating the benefits of classifying different trajectories of treatment change and illustrating how decision-support tools can be targeted to different patient groups. He is one of the pioneers of patient-focused and feedback research and has worked in the field of practice-oriented and practice based evidence in several countries for over 25 years. He has contributed over 600 presentations on the topic.

He is a past editor of *Psychotherapy Research* (the official journal of SPR), a co-editor of the *Journal of Consulting and Clinical Psychology*; *Behavior Therapy* and the *German Journal of Psychotherapy and Psychosomatics*, and has served or serves on the editorial board of several international journals in the field (e.g., *Clinical Psychological Science*, *Psychotherapy*, *Cognitive Therapy and Research*, *Journal of Psychotherapy Integration*, *Journal of Clinical Psychology*). He was president of the *Society for Psychotherapy Research* (SPR) from 2022-2023 and has been recognized by various awards and fellowships, including the SPR's *Early Career Contribution Award* and distinguished research and leader recognition from the *Association for Psychological Science* (APS). Alongside Michael Barkham and Louis Castonguay, he is one of the editors of the 7th edition of *Bergin & Garfield's Handbook of Psychotherapy and Behavior Change*.

### PREVIOUS EMPLOYMENT

2004-2007      SNF-Professor, Clinical Psychology and Psychotherapy, University of Berne, CH

- 1999-2004 Research Associate/Lecturer, Clinical Psychology Program, University of Berne, Switzerland
- 1997-1999 Post-Doc and Adjunct Lecturer, Northwestern University, Evanston, USA
- 1991-1996 Research Associate, Center for Psychotherapy Research, Stuttgart, Germany
- 1992-1993 Research Associate, Psychiatric Hospital of the University of Heidelberg, Germany

## SCIENTIFIC ACTIVITY, AWARDS

Editor: Psychotherapy Research (2013-2018)

Associate Editor: Journal of Consulting and Clinical Psychology (since 2023); Behavior Therapy (since 2025); Psychotherapy Research (2003-2012); Psychotherapie, Psychosomatik und Medizinische Psychologie (since 2014); Zeitschrift für Klinische Psychologie und Psychotherapie (2006-2012)

Editorial Board: Clinical Psychological Science (since 2018); Psychotherapy (since 2021); Cognitive Therapy and Research (since 2012); Journal of Psychotherapy Integration (since 2015); Journal of Clinical Psychology (2001-2011); Cogent Mental Health (since 2022) PiD – Psychotherapie im Dialog (since 2015).

Ad hoc reviewer: e.g. Psychological Science, Journal of Consulting and Clinical Psychology, Clinical Psychological Science, Journal of Counseling Psychology, Journal of Affective Disorders, European Journal of Psychological Assessment, British Journal of Clinical Psychology, Psychological Medicine, Journal of Behavior Therapy and Experimental Psychiatry, Journal of Mental Health, International Journal of Methods in Psychiatric Research

### Awards, Fellowships and Honors (selected)

- Listed at the Faces and Minds website by the Association for Psychological Science as a distinguished researcher and leader in the field of psychological science. Fellow for sustained and outstanding distinguished contributions to psychological science. <http://www.psychologicalscience.org/index.php/members/psychological-scientists>.
- Adjunct Professor University of Western Australia.
- Early Career Contribution Award of the International Society for Psychotherapy Research (2000).

## TEACHING

University of Trier (2007- ). Graduate Courses: Clinical Manuals and Practice Guidelines, Couple- and Family Therapy, Assessment and Treatment of Depression, Mental Health Services Research in Psychotherapy, Advanced Research Methods in Clinical Psychology, Interpersonal Concepts in Psychotherapy.

Undergraduate Courses: Abnormal Psychology, Introduction into Clinical Psychology

University of Berne (1999- 2007). Graduate Courses: Clinical Manuals and Practice Guidelines, Couple- and Family Therapy, Assessment and Treatment of Depression, Mental Health Services

Research in Psychotherapy, Advanced Research Methods in Clinical Psychology, Interpersonal Concepts in Psychotherapy.

Undergraduate Courses: Abnormal Psychology, Introduction into Clinical Psychology

Northwestern University (1997-1999). Mental Health Policy Research, Undergraduate: Research Methods in Psychology

**FUNDED PROJECTS** (Selected, only above €25.000)

2024-2027, German Research Foundation, DFG, LU 660/20-1, 525286173

Prospective randomized controlled trial to develop and evaluate personalized predictions of early treatment strategies in outpatient psychotherapy for depression.

Principal Investigator in cooperation with Anne-Katharina Deisenhofer, University of Trier, Germany

2022-2025, German Research Foundation, DFG, LU 660/16-1

TherapAI - Analysis of nonverbal emotional expression in psychotherapy through artificial intelligence. Principal Investigator in cooperation with University of Augsburg, Germany, (Prof. Dr. Elisabeth André)

2022-2025, German Research Foundation, DFG, LU 660/19-1

A cross-cultural EMA study including digital, affective, and interpersonal markers to enhance the prediction of treatment response and dropout for patients with depression

Principal Investigator in cooperation with Justus-Liebig University Gießen, Germany (Prof. Dr. Julian Rubel) and with University of Buenos Aires, Argentina (Prof. Dr. Juan Martín Gómez Penedo) Germany & Argentina

2007- 2025, Ongoing, Several insurance companies in Germany,

Quality assurance and feedback in a Research Clinic. Principal Investigator.

2016-2019, German Research Foundation, DFG, LU 660/10-1

Randomized controlled trial to evaluate the effects of psychometric feedback on treatment outcome and its mediators and moderators in outpatient psychotherapy, Principal Investigator

2016-2018, German Research Foundation, DFG, LU 660/8-1

Timing nonverbal patient-therapist interactions und treatment outcome for patients with social phobia. In cooperation with Bernhard Strauss, University of Jena, Principal Investigator

2012-2015, German Federal Ministry of Health, II A 5 - 2512 FSB 052.

EVIDENT Trial – “Effectiveness of Internet-based Depression Treatment”, Co-Investigator

2009-2012, TransCoop Program of the Humboldt-Stiftung, TCVERL-DEU/1133562

Using ERP to study mechanisms of change in psychotherapy: A collaborative research program, Principal Investigator

2005-2012, Techniker Krankenkasse Insurance Company,

Quality monitoring in outpatient psychotherapy in Germany, Joint Principal Investigator

2004-2008, Swiss National Science Foundation, SNF Nr. PP001—102651/1

The prediction of linear and non-linear progress in psychotherapy: treatment, disorder, therapist and patient specificity, Principal investigator

2002-2004, Swiss National Science Foundation, SNF Nr. 11-64884.01

The development and validation of patient-specific treatment predictions with sequential statistics. Principal investigator

1997-1999 German Research Foundation DFG, Lu 660/1-1

The prediction of the individual course of psychotherapy on the basis of initial patient characteristics. Principal investigator

### **FORMER STUDENTS**

TRIER STUDENTS: Susanne Edelbluth, Miriam Hehlmann, Björn Bennemann, Julia Giesemann, Brian Schwartz, Viola Müller, Kaitlyn Poster, Jessica Uhl, Dirk Zimmermann, Ann-Kathrin Deisenhofer, Jane Paulick, Felix Wucherpfennig, Anke Sonnenschein, Kristin Husen, Julian Rubel, Marie Christina Zahn, Jan Böhnke, Torsten Ehrlich, Luisa Zaunmüller, Katharina Köck, Eva Schürch, Niklaus Stulz, Armita Tschitsaz,

BERNE AND INTERNATIONAL STUDENTS: Stephanie Vaccarezza, Lior Galili, Roei Chen, Johannes Mander (Habil.), Juan Martin Gomez Penedo (Postdoc), Danilo Moggia, Lotte Lemmens, Kim de Jong, Emma Doyle, Michelle O’Keeffe, John Klein, Johanna Friedli, Günther Wüsten, Christoph Flückiger, Sven Tholen, Alexander Fries, Sonja Kohls, Oezgür Tamcan.